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For Immediate Release

## **An Eye Opening, Comprehensive Introduction to Detoxification**

James L. Wilson D.C., N.D., Ph.D., discusses the therapeutic importance of detoxification during chronic illnesses, including cancer

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July 28, 2009 ~ James L. Wilson D.C., N.D., Ph.D., will present **“A Comprehensive Introduction to Detoxification”** for ZRT Laboratories professional seminar, **“Cancer, Hormones, Nutrition and Beyond”** July 30-August 1, 2009 in Portland, OR.

This presentation has been awarded **“Lecture of the Year”** by Douglas Laboratory.

Detoxification has become a topic of growing interest among U.S. health professionals. According to Dr. Wilson, however, most doctors are not presently adequately trained in the physiology of toxicity and the knowledgeable use of detoxification protocols.

“Toxicity can happen on many levels and pathways within the body,” said Dr. Wilson. “Because a variety of conditions and diseases can mimic toxicity, true detoxifying requires a comprehensive approach and a lot of thinking. Not only is it imperative to prepare the body for properly detoxifying, it’s equally important to know how and what to fortify the body with after the regimen is completed to maintain a new level of health and well-being, especially for the person with cancer.”

An expert in nutrition, human physiology and naturopathic medicine, Dr. Wilson’s presentation is targeted to help physicians and other health professionals understand the detoxification process all the way from the cell to the bowel. He will cover the underlying causes of toxicity problems; toxicity during illness; the effects of a faulty detoxification system; how to analyze a patient’s general and specific toxicity; and therapeutic options for detoxification.

A scientist as well as a physician, Dr. Wilson holds three doctorate degrees and two master's degrees, all from different health disciplines. He is listed in The International Who's Who in Medicine (Cambridge, England), and was one of the founding fathers of the Canadian College of Naturopathic Medicine (CCNM) in Toronto, Ontario. More information can be found at Dr. Wilson’s website, [www.adrenalfatigue.org](http://www.adrenalfatigue.org).

ZRT Laboratory is an independently owned and operated CLIA (Clinical Laboratory Improvement Amendments) certified hormone testing facility. ZRT Laboratory provides hormone testing services worldwide via partnerships with over 9000 healthcare providers. The “Cancer, Hormones, Nutrition and Beyond” conference will explore the evidence, factors and options for prevention, support, and treatment of cancer patients with a focus on hormone related cancers.