



DUBAI
8 - 9 NOVEMBER 2009

PRE-CONFERENCE WORKSHOPS:

7TH NOVEMBER 2009

DUBAI WORLD TRADE CENTRE







Sunday 8th November 2009

<p>10:00-11:00</p> <p><i>Practicing Anti-Aging Medicine in the Middle East</i></p>	<p>LIVE DEMOS*</p> <p><i>Aesthetic Workshops</i></p>	<p>LIVE DEMOS*</p> <p><i>Aesthetic Workshops</i></p>
<p>Overcoming the challenges of practicing anti-aging medicine in the Middle East – Max Sawaf, UAE</p> <p>Hormone Replacement Therapies: Pros and cons – Shaffin Ali Mohamed, USA</p> <p>The scientific validity of Anti-Aging Medicine – Bill Anton, Australia</p>	<p>11:00-12:00</p>  <p>شركة بدر سلطان واخوانه ذ.م.م. Bader Sultan & Bros. Co. W.L.L.</p>	<p>11:00-12:00</p> 


11:00-11:30 COFFEE BREAK & EXHIBITION HALL VISIT

<p>11:30-12:45</p> <p>Essential anti-aging medicine:</p> <p><i>Hormone Replacement Therapy</i></p>	<p>11:30-12:45</p> <p>Aesthetic Medicine:</p> <p><i>Latest advances in Laser Applications</i></p>	<p>LIVE DEMOS*</p> <p><i>Aesthetic Workshops</i></p>	<p>LIVE DEMOS*</p> <p><i>Aesthetic Workshops</i></p>
<p>BHRT: a novel approach in the care of diabetes – Shaffin Ali Mohamed, USA</p> <p>Women's hormonal symphony and an anti-aging approach to thyroid replacement – Pamela Smith, USA</p> <p>Testosterone replacement therapy (TRT) optimizing clinical outcomes – Michael Aziz, USA</p> <p>Estrogen metabolism and avoiding cancer – Naina Sachdev, USA</p>	<p>Management of laser complications – Martin Kassir, USA</p> <p>Lipolysis and low frequency ultrasound waves for the treatment of localized fat – Rosanna dalla Costa, Italy</p> <p>The latest in laser therapy for wound & burn healings – Farouk Al-Watban, Saudi Arabia</p> <p>A new laser for skin tightening and liposculpture: 1444 wave length – Sabet Salahia, UAE</p>	<p>12:15-13:15</p>  <p>شركة بدر سلطان واخوانه ذ.م.م. Bader Sultan & Bros. Co. W.L.L.</p>	<p>12:15-13:15</p> 


12:45 - 14:00 LUNCH & EXHIBITION HALL VISIT



Sunday 8th November 2009

14:00 – 15:15 Anti-aging: <i>How to Prevent & Treat Age Related Dysfunctions</i>	14:15 – 15:15 Aesthetic Medicine: <i>Advanced plastic surgery session for overall body reshaping</i>	LIVE DEMOS* Aesthetic Workshops	LIVE DEMOS* Aesthetic Workshops
<p>The validity and clinical relevance of testing hormone levels – David Zava, USA</p> <p>The potential effects on aging and disease caused by transient erythrocyte aggregation from radio frequency radiation and potential interventions – Howard Fisher, USA</p> <p>Ionic currents as a new potential treatment for adult onset diabetes and prolonged longevity – Xanya Sofra-Weiss & Vesna Skul, USA</p> <p>Leptin- Link of the immune system and metabolism – Claus Muss, Austria</p>	<p>Dimensional abdominal contouring- understanding abdominal aesthetics - Sanjay Parashar, UAE</p> <p>A multicenter study of cellulite treatment with a variable emission radio frequency system - Marwan Al Zarouni, UAE</p> <p>Liposuction and Body Contouring – Dany Kayle, UAE</p> <p>Body Contouring Update – Luiz Toledo, UAE</p> <p>This session will feature clinical case studies and a Question & Answer session</p>	<p>14:00-15:00</p> <p>Specialized Beauty</p>	<p>14:00-15:00</p> <p>ComeSurge </p>

15:00-15:30 COFFEE BREAK & EXHIBITION HALL VISIT

15:30-17:00 Advanced Aesthetic Session on Lasers & Fillers	LIVE DEMOS* Aesthetic Workshops	LIVE DEMOS* Aesthetic Workshops
<p>This session is aimed at trained aesthetic medical professionals; the session will present an overview on an anatomical basis and provide practical case-studies and how to overcome various complications.</p> <p>Part I:</p> <ul style="list-style-type: none"> Fractional Lasers for treatment of rhytides, scars, pigment and overall skin rejuvenation Practical overview of overcoming laser complications Case-studies <p>Presented by: <i>Martin Kassir, Dermatologist, USA</i></p> <p>Part II:</p> <ul style="list-style-type: none"> Fillers and Botox a basic overview Injectables for nose, lips and chin Case-studies <p>Presented by: <i>speaker TBC</i></p>	<p>15:15-16:15</p> <p>pharmapal </p>	<p>16:30-17:30</p> <p>Regenlab</p> <p>Regen kits': how to use them for meso & fillers treatments with autologous PRP</p>
		<p>16:30-17:30</p> <p>Joz Group</p>



16:00-17:30

EDUCATIONAL TRAINING: The Anti-Aging Certifications Taster Session

Would you like to get fully trained and qualified in Anti-Aging medicine?



The American Academy of Anti-Aging Medicine (A4M) is introducing a series of innovative, academic and practical post-graduate courses in the Middle East. This taster session will explain how our internationally recognised programmes can thoroughly train and educate doctors on the latest therapies, treatments and technologies available in the area of preventive, anti-aging and regenerative medicine.

This session includes the participation of *Pamela Smith*, course director, and a Question & Answer session with A4M certified diplomats.

18:00

END OF DAY ONE, EXHIBITION HALL CLOSES

Monday 9th November 2009




<p>09:30-10:45</p> <p>Anti-Aging: Nutrition & Nutrigenetics for optimised health</p>	<p>09:30-10:45</p> <p>Aesthetic Medicine</p> <p><i>Surgical and Non-Surgical skin rejuvenation</i></p>	<p>LIVE DEMOS*</p> <p>Aesthetic Workshops</p>	<p>LIVE DEMOS*</p> <p>Aesthetic Workshops</p>
<p>Obesity in the Gulf region: Its impact on your practice – Cother Hajat, UAE</p> <p>Nutrigenetics and long term weight management: recent advances – Bernard Weber, Luxembourg</p> <p>Laboratory testing for food intolerance – Roger Deutsch, USA</p> <p>Bariatric surgery in obesity management: risks and benefits – Fawaz Torab, UAE (TBC)</p> <p>The role of anti-aging nutritional supplements in retaining youthful appearance, preventing disease, increasing lifespan – Tom Mower, USA</p>	<p>A combined approach to nonsurgical face-lifting – Michael Zacharia, Australia</p> <p>Skin rejuvenation with autologous rich plasma – Maria Angelo-Khattar, UAE</p> <p>A younger face and a sculpted body: plastic surgery and/or so-called non-invasive techniques? – Jacques Buis, France (TBC)</p> <p>Anti-aging by autologous cellular regeneration prp-skin regeneration therapy – Pierre Clero, Philippines</p>	<p>10:00-11:00</p>  <p>شركة بدر سلطان واخوانه ذ.م.م. Bader Sultan & Bros. Co. W.L.L.</p>	<p>10:00-11:00</p>  <p>medica www.medica.bz</p> <p><i>Introducing Restylane Lidocaine Workshop on Tear Through and under eye black circles</i></p> <p>Presented by: <i>Virgine Pons, France</i></p>

10:45-11:15

COFFEE BREAK & EXHIBITION HALL VISIT





Monday 9th November 2009

11:15-12:30 Anti-Aging: <i>Genomics and cellular function</i>	11:15-12:30 Aesthetic Medicine: <i>Total Facial & Body Rejuvenation</i>	LIVE DEMOS* <i>Aesthetic Workshops</i>	LIVE DEMOS* <i>Aesthetic Workshops</i>
<p>Genomics for anti-aging medicine – how to apply? Main benefits and pitfalls – Helena Baranova, France</p> <p>Environmental chemicals adverse effect on mitochondrial function and the impact on cellular function and aging – J. Alexander Bralley, USA</p> <p>Synergetic approach of genomics and functional medicine for medical wellness: practical experience and examples – Zulya Maizetova, UK</p> <p>Considerations for an appropriate use of DNA testing in anti-aging – Jose Lao, Spain</p>	<p>Arm lifting through circular incision – Mohammed Deeb Ali Eed, Saudi Arabia</p> <p>Permanent face reshaping – Ayman Hajjar, UAE</p> <p>Monopolar Radiofrequency in skin tightening – Radmila Lukian Jovanovic, UAE</p> <p>Fillers: so many choices... matching the patient with the right filler – Sahar Al Kazzaz, UAE</p> <p>Comprehensive facial rejuvenation - Fouad Ghareeb, Egypt</p>	<p>11:00-12:00</p>  <p>شركة بدر سلطان واخوانه ذ.م.م. Bader Sultan & Bros. Co. W.L.L.</p>	<p>11:00-12:00</p>  <p>medica www.medica.bz</p> <p><i>The Rejuvenation Solution based on a perfect combination of Mesotherapy, Micro needle Roller and Transdermal e-CO2 Gel. Concept and Workshop</i></p> <p>Presented by: <i>Virginie Pons, France</i></p>
		<p>12:15-13:15</p>  <p>lipovisor</p>	<p>12:15-13:15</p> <p>JUNOSAP</p> <p>Presents:</p> <p>Celebrate your age by looking younger!</p> <p>Presenting ageLoc, the bioactive free radical inhibitor</p>

12:30-13:45 **LUNCH & EXHIBITION HALL**




Monday 9th November 2009

13:45-15:00 Anti-Aging: <i>How to Prevent & Treat Age Related Dysfunctions</i>	13:45-15:00 Aesthetic Medicine: <i>Dermatology in the aesthetic clinic</i>	LIVE DEMOS* Aesthetic Workshops	LIVE DEMOS* Aesthetic Workshops
<p>Adrenal Fatigue: an unrecognised and under-treated stress syndrome – James Wilson, USA</p> <p>Biomarkers for ageing process: Heavy metal toxicity , inflammation and oxidative stress – Robert Nataf, France</p> <p>The reduction in cholesterol and triglyceride serum levels following low-level laser irradiation: a non-controlled, non-randomized pilot study - Ryan Maloney, USA</p> <p>Uncovering D3 deficiency through anti-aging medicine – Max Sawaf, UAE</p> <p>An integrative approach to cancer therapy – Ahmad Nasri, Canada</p>	<p>Latest advances in vein treatments (sclerotherapy and lasers) – Antoine Hanna, UAE</p> <p>UVB in treatment of psoriasis – Ali Al Singel, UAE</p> <p>Hormones & nutritional supplements for the skin – Bill Anton, Australia</p> <p>Nonablative fractional resurfacing: from its inception to present day – Zeina Tannous, USA</p> <p>Vitiligo: review of the latest treatments including melano-transfer - Emad Aeta, UAE</p>	<p>14:00-15:00</p> 	<p>14:00-15:00</p> 

15:00-15:30 **COFFEE BREAK & EXHIBITION HALL VISIT**



Monday 9th November 2009

15:30-16:45 Cutting-Edge Anti-Aging Medicine: Regenerative & Stem Cell Research	15:30-16:45 Practical Business Session: Enhancing your Anti-Aging & Aesthetic Practice	LIVE DEMOS* Aesthetic Workshops	LIVE DEMOS* Aesthetic Workshops
<p>Applications of stem cells in anti-aging and regenerative medicine – Susan Lim, Singapore</p> <p>Transdermal cell therapies with autologous platelets rich plasma – Alain Gondinet, France</p> <p>Currently available therapies in Stem Cell applications – Farid Nassif, Australia</p> <p>Theoretical foundations of the use of stem cells for anti-aging therapy and practical results – Alexander Kuharchuk, Ukraine</p>	<p>Can aesthetic medicine be effective without anti-aging medicine? - Janethy Balakrishnan, Malaysia</p> <p>Run For Life! A new and innovative treatment, rehab and training approach to allow your patients to be able to run for a lifetime reducing the effects of aging – James Stoxen, USA</p> <p>The role of exercise therapy in your practice – Haig Balekian, UAE</p>	<p>15:15-16:15</p> 	<p>15:15-16:15</p> <p>JOZ GROUP</p>

17:30 **END OF CONFERENCE, EXHIBITION HALL CLOSES**